



December 13, 2019

"Our vision is educational excellence in knowledge, skills, and character with strong parent-teacher-student partnerships."

Dear Wolverines,

Happy Friday! It has been a busy week of learning, and performances, and celebrations here at Traut. I am so pleased and proud to announce that Traut has once again won the John Irwin Award for School of Excellence. This award is given to schools that demonstrate exceptional academic achievement over time. I am so proud of our students, our teachers, and our parent partners. Our partnership triad is the reason Traut wins this award, year after year. Thank you for your dedication to our exceptional school!

[Save the Date\(s\) - Upcoming Parenting Classes at TCKS](#)

Hi Traut Families!

Starting next semester, we will have another set of parenting classes. These classes are intended to introduce aspects of child development and parenting styles. If you attended last year, **the first two classes will be a review**, but please join us for the second two that will use our background knowledge to discuss and apply everything we have learned. Classes will be held on January 28, February 25, March 24, and April 28 from 6:00 - 7:30 pm in the Media Center. Use the link below to sign up. If you have any questions, please contact Mrs. Holland at holland@psdschools.org.

<https://signup.com/go/aohRCfC>

[Girls on the Run](#)

Coming this spring to Traut Core Knowledge!

Calling all 3rd - 5th grade girls. Come be a part of the fun! Join us at Girls on the Run, which will start the week of **March 2nd**. Registration opens February 2nd.

Stretch yourself – physically, mentally, socially and emotionally. Girls will be inspired to a lifetime of self-respect and a healthy lifestyle through an innovative program that combines training for a 3.1 mile run/walk race with a fun, health education lesson plan. This program promotes individual achievement

and self –confidence. Girls gain self-esteem and learn healthy lifestyle habits while training for a 5K run/walk race.

Girls on the Run is a nonprofit organization dedicated to helping girls stay out of the “Girl Box” – a place where girls are valued more for their outward appearance than their character inside. We are working to reduce at-risk behaviors such as substance abuse, eating disorders, teen pregnancy, and poor nutrition.

What if I don't like to run?

We use the term “running” loosely – girls can run, hop, skip, speed walk or dance towards their goals. The lessons promote self-challenge instead of competition; self-worth instead of societal worth; and cooperation instead of rivalry.

Our goals for each girl are to:

- Understand her place in the community
- Have strong sense of identity
- Learn how to give and receive support in a group
- Learn to stand up for herself in a healthy manner
- Have an improved body image
- Complete a 5K run/walk event in the community

Practices are twice a week for 90 minutes (*tentatively Wednesdays and Fridays 3:15-4:45pm*). Please contact Audrey McElwain at audrey.mcelwain@gmail.com with questions.

WE NEED COACHES! Coaching is a great way to be involved AND support your daughter if they are participating in the program. Coach Training is in February and CPR training is required.

For more information about the Girls on the Run program visit: www.girlsontherunrockies.org

Traut Skate Night

Join us at Rollerland for Traut Night on Friday, **December 20 from 4 -7 pm**. Families and friends of all ages are all welcome. Skating is \$4.75, and skate rental is \$3.25. A portion of the proceeds will be donated to Traut.

DEADLINE APPROACHING - School of Choice, 2020-2021

Parents, if you have a child (sibling) entering Kindergarten 2020/2021 or a student who will attend (Kinard) 6th grade for the 2020/2021 school year, you **must** submit an online application before the deadline of **January 17th, 2020 at 12:00, Noon**. For additional details about School of Choice in PSD, please click [here](#). To apply for Kindergarten or Kinard for next year, or any other school of choice, please click [here](#).

Winter Service Projects

Thank you to all who have donated to our Hat & Mitten Tree in the Media Center. Our Student Advisory Board (SAB) will continue to collect new hats, gloves, mittens and scarves through December 20th.

We have had an incredible response to the Giving Tree, located in the entryway foyer! THANK YOU very much for all of the kind generosity you've shown to our Early Childhood friends. Your support means so much and deeply appreciated.

ART SHOW!

The Poudre School District and the Foothills Mall are happy to host the K-12 Creative Endeavors Art Show, opening today! Come to the interior corridor of the Foothills Mall to see incredible art from students throughout the district, and also enjoy cookies and hot cocoa. The show will run from November 22 through January 17, all day.

Girls in the Spotlight - Available in January

Give your girl an opportunity to explore her voice through communication arts! Build confidence, public presentation skills and have fun! Girls in the Spotlight in a non-profit organization that teaches girls new skills that will build confidence. Activities include storytelling, public speaking and leadership development. This club is offered to girls, grades 3-5 and will be held in the Media Center from 3:05-4:15 on Tuesdays - January 21 through March 3. For additional information or to enroll, please click [here](#).

"The only thing better than singing is more singing." ~Ella Fitzgerald

I had the privilege of watching my son's kindergarten class sing today, as well as our amazing 1st graders. I don't think there is anything more adorable than watching young students sing. Their sincerity and joy was exactly what I needed to see at the end of this incredibly hectic week. It was like a friendly pat on the back, reminding me why I love this job so much.

I hope you all have a wonderful weekend with family and friends, and maybe even a little bit of singing.

~Dr. Kendall